

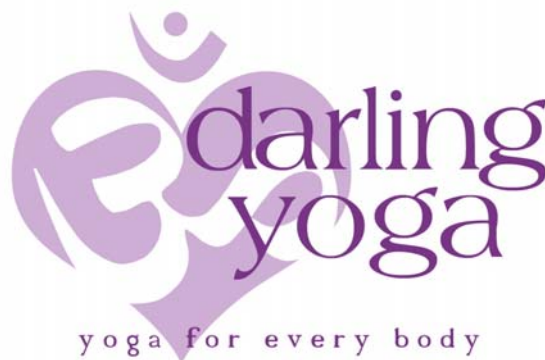
THAI YOGA MASSAGE & PARTNER YOGA WORKSHOP

with:

EMILY DARLING & VICTOR ROBERTS

Sunday, June 1st, 2:00-4:30pm

- Bring a Friend, Spouse or Partner
- \$20 per person or \$25 at the door



Explore Partner Yoga, Assisted Yoga, and Thai Yoga Massage (manipulation and stimulation of limbs and body tissues in yoga postures).

By surrendering to the support of another, we honor each other's need for healing and nurturing touch. This can be a powerful form of communication. It is direct and honest in ways that words sometimes are not. We will explore listening through touch and responding to each other without words enhancing our ability to stay present and focused, deepening our physical and spiritual experience.

Pre-Registration Form:

Name: _____

Phone: _____

Cash/Check Enclosed _____

Credit Card Info: VISA MC AMEX DIS

Amt to be deducted: _____

Card No: _____

Exp Date: _____



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